

## Resources and Hotlines

These national organizations are your connection to local resources in your community.

Telephone Numbers	Websites
<b>Alanon/Aleteen Hotline (888)425-2666</b> Children of Alcoholics	<a href="http://www.imallgirl.com">www.imallgirl.com</a> and <a href="http://www.iagb2info.com">www.iagb2info.com</a> <b>Information for educators, parents and children on puberty, communicating skills and much more.</b>
<b>American Anorexia/Bulimia Hotline (800) 522-2230</b> Eating disorders	<a href="http://www.coolnurse.com">www.coolnurse.com</a> Info on teen health issues
<b>Girls and Boys town National Hotline (800)448-3000</b> Crisis Resource and Referral line	<a href="http://www.coolspot.com">www.coolspot.com</a> Info on drug use and addiction
<b>National Runaway Switchboard (800) 621-4000</b> Crisis Resource	
<b>National Alcohol and Drugs Helpline (800)622-4357</b> Crisis Resource	<a href="http://www.kidshealth.org/teen">www.kidshealth.org/teen</a> Info on teen health issues
<b>National Center for Victims of Crime (800)394-2255</b>	<a href="http://www.teenpregnancy.org/teen">www.teenpregnancy.org/teen</a> Info on the national campaign to prevent teen pregnancy
<b>National Child Abuse Hotline (800)422-4453</b>	<a href="http://www.mayoclinic.com">www.mayoclinic.com</a> Info on a wide number of health and disease topics
<b>National Domestic Violence Hotline (800)799-7233</b>	<a href="http://www.nida.nih.gov">www.nida.nih.gov</a> Resource for drug abuse and addiction
<b>National Drug and Treatment Referral (800)662-4357</b>	<a href="http://www.teengrowth.com">www.teengrowth.com</a> Info on teen health issues
<b>National Eating Disorders Association (800)931-2237</b>	<a href="http://www.teenhealthfx.com">www.teenhealthfx.com</a>
<b>National Health Information Center (800)336-4797</b>	
<b>National Hopeline Network (800)784-2433</b>	
<b>National Information Center for Children (800)695-0285</b> Depression Resources	
<b>National Institute of Mental Health (NIMH) (800)421-4211</b> Disability and Mental Health Resources	
<b>Planned Parenthood (800)230-7526</b> Birth Control, Safe Sex and Parenting Help	
<b>SAFE(self abuse finally ends) (800)366-8288</b>	



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